

CONTACT

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BRANDS WHO TRUST US



CAPABILITIES STATEMENT

We help dramatically improve individual and organizational effectiveness in which leaders accelerate the growth of their teams and ventures.

CORE COMPETENCIES

mendiz

Our work is dedicated to amplifying leadership and team qualities for small and mid-level size companies. We help identify what the issues really are, relying extensively on customized, actionable recommendations that draw on robust problem-solving frameworks and programs to meet our client's needs.

We offer the following business services:

- Customized Trainings & Workshops
- Wellness Events & Retreats
- Leadership & Team Development
- Executive & Team Coaching
- DEI Development
- Strategy & LifeLabs
- Mindset Masterminds
- Assessments & Pulse Surveys

EXPERIENCE SPANNING IN 10 GLOBAL INDUSTRIES

- Construction Industry
- Insurance
- Hospitality / Travel
- Higher Education
- Professional / Technical

DIFFERENTIATORS

- Start-ups & Small Business
- Financial Services
- Consulting Services
- Nonprofit / Government
- Information Technology ٠
- 20+ years in Personal & Executive Development
- Diversity, Equity & Inclusion Certification
- Franklin Covey™ The 6 Critical Practices for Leading a Team
- The 4 Stages of Psychological Safety[™] Certification
- Certified Stress Management Trainer
- Converting Challenges Into Opportunities Certification
- Certified Clinical Hypnotherapist









CASE STUDIES



A Fortune 100- One of the largest insurance brokerage and consulting firms in the world, delivering property and casualty, employee benefits, personal risk and retirement solutions to large risk management clients, middle market companies, smaller firms and individuals.

- **CHALLENGE** The organization was looking to increase engagement, communication and retention.
- **SOLUTION** We worked with USI Insurance to design a 12 month HR Executive Program with peer to peer networking and dialog on strategic topics related to human capital and business strategies. The series combines interactive activities, debriefing, storytelling, and strategies with real-life scenarios.
- **RESULT** Teams reported being able to effectively deliver out of the box ideas to their leaders, and created cross-functional working dynamics internally to increase efficiency.

Coastal Construction Group- South Florida's most preferred and successful contractor in Florida.

- **CHALLENGE** A team of executive leaders needed team building, communications training and leadership skills enhancement.
- **SOLUTION** We implemented a half day EQ Leadership workshop with in-person delivery. The program included hands-on real life scenarios, personal mindfulness design, accountability, team assignments and leadership skills practice.
- **RESULT** The leaders became more resilient while pursuing shared goals and objectives. The team's KPI increased to best in class benchmarks.

Marriott International named one of Fortune's 100 Best Companies to Work For a record 24th year in a row.

- **CHALLENGE** The organization wanted to increase mental health awareness and wellness for their teams and leaders.
- **SOLUTION** We created a full day wellness retreat for all employees with 7 wellness facilitators and mental health experts who offered mini workshops, resources and massage treatments all day.
- **RESULT** The teams had a chance to engage with other co-workers & leaders from other offices, and learn about the importance of their mental, emotional & physical health.